

Rules & Regulations of Play ...

Bo Jackson's Indoor League Rules

These house rules are established with the primary objective of achieving the following:

- ✓ Emphasize safety and fairness.
- ✓ Provide maximum playing time for players
- ✓ Maintain games on schedule
- ✓ Serve as guiding principles for all Referees officiating

Guiding Principle

Our goal is to provide quality playing time for all players and teams in a safe, fair and competitive environment. In an effort to ensure fair competition **Bo Jackson's Elite Sports** will attempt to match appropriately competitive teams in each age group. Selection will be based upon team past performances as well as informational statistics obtained from their outdoor standings and results.

- ✓ Emphasize safety and fairness.
 1. A player must not use equipment or wear anything that is dangerous to himself or another player (including any kind of jewelry).
 2. All basic compulsory playing equipment (jersey, shorts, shin guards, footwear, etc) as defined under Law 4 of the [United States Soccer Federation](#) (USSF) Laws of the Game will apply.
 3. Please exercise courtesy to the teams that are playing. Teams are requested not to cause any distraction and are not allowed on the field unless it's their game. Please have a sense of urgency to begin your game.
 4. Before the game and after the game you cannot be on the sidelines nor on or near the end zones.
 5. Pre game meetings must be in the bench areas, not on the fields.
 6. **Parents and spectators are not allowed on the inside of the netted area.**
 7. Teams are to leave the field of play immediately following their games from mid-field please.
 8. Teams should not warm-up on baseball fields at anytime.
 9. Please be ready to start your game as soon as the prior game has cleared. We will not have anytime for field warm-ups.
 10. Please do not kick the ball around the field between halves.
 11. Please remove all water bottles from the bench area after your game.

Team Playing:

1. Teams may choose either bench.
2. The Home team (listed first) must change to their alternate jersey if there is a conflict of color.

Rules:

The ball is size 4 for U12 and below and size 5 for all others.

Duration of the game will be 2x20 minute halves.

Free Kicks- All opposing Players must be 15 feet from the spot of the ball.

Goalkeeper Violation –

- 1) No punting.

- 2) Pass Back: Handling the ball, having been passed deliberately and directly to him by a teammate; except that he may handle a ball which a teammate passes to him by the head, chest, or knee and without "trickery"
- 3) Illegal Handling: Bringing the ball from outside of the penalty box to his hand within it, or receiving the ball again after a Goalkeeper Distribution without the ball's having first touched another player

Blue Card Offenses:

Unless otherwise provided below, the Referee issues a Blue Card for serious Fouls and Unsporting Behavior (by a player) and for:

- (a) Deliberate Handball or Handball by a Goalkeeper;
- (b) Goalkeeper Endangerment;
- (c) Boarding;
- (d) Any Foul by the Goalkeeper during a Shootout.

Cautionable Offenses:

The Referee issues a Yellow Card for reckless Fouls and for:

- (a) Second Blue Card;
- (b) Unsporting Behavior by any non-player personnel;
- (c) Provoking Altercation: Making physical contact with an opponent (e.g., pushing or poking), short of fighting, or using the ball in so doing.

Ejectionable Offenses:

A person receives a Red Card for Fouls, which the Referee considers violent or committed with excessive force, and for:

- (a) Third-Time Penalty;
- (b) Elbowing: Intentionally elbowing an opponent above the shoulder;
- (c) Vicious Slide Tackling: A tackle from the side or from behind directly into one or both legs of an opponent, seriously endangering him;
- (d) Fighting;
- (e) Leaving Team Bench or Penalty Area to engage in a fracas or confrontation with the opposition or a Game Official;
- (f) Extreme Unsporting Behavior: Committing particularly despicable behavior, including:
 - (i) Spitting at an opponent or any other person;
 - (ii) Persistent use of extremely abusive language or behavior toward a Game Official;
 - (iii) Bodily contact with a Game Official in dissent.

Time Penalties

The following penalties apply to offenses for which a Card is issued (subject to further action by the Administrative Authority):

- (a) Blue Card: 2-minute Time Penalty in the Penalty Area;
- (b) Yellow Card (for a player's second Blue Card): 2-minute Time Penalty for the Blue Card and a warning of the subsequent possibility of an ejection;
- (c) "Administrative" Red Card (for a player's third Blue Card): 2-minute Time

Penalty and ejection.

Outdoor USSF rules apply except for the following modifications:

- A. Slide tackling the ball away from an opponent is illegal.
- B. NO punting or drop kicks are allowed. (Ball must bounce twice prior to goalie kicking)
- C. No Offsides

Players

The maximum number of players on the field:

- U10 - U12 7 players
- U13 & Above 6 players
- ONE of the above must be a goalkeeper

All Players must have a player card from their state organization. If player does not have an ILLINOIS YOUTH SOCCER ASSOCIATION or ILLINOIS WOMEN'S SOCCER LEAGUE player card the respective coach will be liable for any injury to their respective player not listed on their roster.

- ✓ To provide maximum playing time for players

Game Times:

Length of Games: 2 x 20 Minutes Running Clock:

Substitution Procedure

Substitutions are on the fly and may occur on an unlimited basis. Both players must be within the touchline and no more than a yard from the center line when a substitution is made. When both players are on the field neither player may touch the ball. All Substitutions should be made from mid-field and not your bench.

Scoring

WIN	3 points
TIE	1 point
FORFEIT / NO SHOW	0 point

Fouls and Misconduct

RED card results in ejection of player or coach. All **RED** carded assessed will carry the following fines:

- Player for each incident - \$70
- Coach for each incident - \$200

In addition to the above fines, they will also serve a one game suspension. All **RED** card fines must be paid prior to the beginning of the next game or else the team will not be allowed to play. The player or coach receiving a red card will have a **one** game suspension.

Bo Jackson's Elite Sports reserves the right to expel anyone who uses vulgar or abusive language. This includes racial, ethnic, or religious comments. This behavior is intolerable and could result in permanent expulsion from **Bo Jackson's Elite Sports**.

Bo Jackson's Elite Sports also reserves the right to expel a player, parent or Coach from league play for gross violations of the laws of the game, the House Rules, or damage to facility property.

Please enjoy the games but keep in mind its all for the kids to enjoy and have fun.